

SAFE KIDS SUMMER EVENT

Be Safe on Your Bike

- Wear your helmet. Helmets can reduce head injuries, and in many states it is illegal for kids not to wear them.
- Wear bright clothing. Bright and light colored clothing makes you more visible. If you ride your bike after dark, be sure reflectors are on your bike, helmet and clothing.
- Ride with a friend. It is more fun and safer because help is there if needed.
- Check your tires and breaks.
- Stay alert at all times.